



NOVEMBER 2011 PROGRAMS

NOVEMBER 6 "CLIMATE CHANGE: CHANGING THE CONVERSATION"

Ben Champion, KSU Director of Sustainability, describes his experiences working with a team of KSU and UNL researchers to discuss climate change with rural populations and agricultural producers in the Plains states. He hopes his model will be an effective vehicle for changing the conversation in the rural Great Plains about our evolving understanding of changing weather patterns. Contact/convener is Doug Walter at 537-2425 or kbsi@cox.net

NOVEMBER 13 "SACRED EARTH, SACRED GEOMETRY"

Michael muses, "We all have a capacity to know when something doesn't feel right or when it feels wondrous. Sacred geometry's secret is the 7th direction--lines of energy that move inward through heart and soul." David Yarrow, a visionary steward of the Earth, and Reverend Michael Nelson share and explore how this 7th direction may be used to make life sustainable for all. *A sustainable foods potluck follows the service (see page 7).* Contact Michael at 537-2349 or minister@uufm.net

NOVEMBER 20 "AUTUMN REFLECTIONS ON MORTALITY"

Charles Stephen, Minister Emeritus of the Lincoln Unitarian Church, has been gracing our pulpit for 50 years. This morning, Charles promises "Some reflections on death and how we have dealt with it." Contact/convener is Michael Oldfather at 537-3738 or mou812@ksu.edu

NOVEMBER 27 "ANIMALS AND SPIRITUALITY"

Laura Lott discusses the deep link between humans and animals, and the importance of this bond in nurturing the human spirit. RE students will share a presentation on their social action projects: ethical eating and helping animals. Contact/convener is Elke Lorenz at 539-3527 or ellorenz@uufm.net

UU FELLOWSHIP OF MANHATTAN

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SUNDAY SERVICES begin at **10:45 AM**
at **481 ZEANDALE ROAD**

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SUSTAINABLE FOODS EVENTS

On Sunday, November 13, our guest will be David Yarrow. He will give a series of lectures and demonstrations while in this area thru November 28. Meet him at the UUFM Drum Circle on November 11. Attend our Sunday program, and bring a dish for the Sustainable Foods Potluck that follows. Attend a lecture at Meadowlark Hills on November 28. Learn more from Pat Embers, embers1@cox.net or 539-2819, or visit www.dyarrow.org/Kansas/Calendar for a full schedule of events.



UUFM is a WELCOMING CONGREGATION

Learn more about the Welcoming Congregation initiative at www.uua.org/visitors/justicediversity/6252.shtml

Spending a Sunday morning with the 3rd through 6th grade Religious Education class provided me an energy boost. I accompanied Larry Weaver and his bad brother, Lorenzo, on a tour of various routes to practicing the sixth principle of Unitarian Universalism. Even though almost most everyone wanted the biggest piece of chocolate pie, we found alternative ways to share equally so that everyone could have a chance to be happy. Now, that is justice making! If you haven't met Lorenzo, ask the kids how much they enjoy his mischievous visits. It may even be worth a Sunday morning with this crew. I'm sure Larry and the class would be glad to make an introduction.

Another *Deepening Our Understanding of Unitarian Universalism* class has just begun for new and prospective members. Revisiting the history of our progressive faith often brings me to a new understanding of something I've read before. While preparing for the class I found myself contemplating what an important role Poland played in the 16th Century to promote religious tolerance. Anti-Trinitarianism first appears there in 1546. King Sigismund II, a Polish King, deftly mediated between the Roman Catholic Church and the Protestants for twenty years. In 1557 the Warsaw Diet of Nobiliaries enacted legislation to ensure religious tolerance. In 1573 it was reaffirmed with a clause that protected dissidents seeking asylum from countries where their theological beliefs were heretical; beliefs that might result in a person being burnt at the stake. This edict for religious freedom inspired me to speak with Slawomir, our gifted pianist, about this history. We are planning a service that delves into this Unitarian history, the differences and similarities in Polish and American history. We need these examples of tolerance that help keep people and nations from starting wars. The stories, people in the class share about their religious journeys, enrich my sense of why we gather in community.

On Tuesday nights, Blake Belanger and I explore the ever expanding view of the world, the cosmos we live in as we explore the Tao de Ch'ing with ten other adventurous souls. A great aspect of Taoism is the lack of a fixed point from which to comprehend life. It invites a multitude of ways to understand who we are by finding and defining what constitutes our core. One must be as supple as a newborn, have without possessing and act without expectations. These timeless approaches to clarifying the meaning of our existence provide many life enhancing choices in a world which is so divided by people and nations thinking and believing that they possess the right way, the one and only way to live in the world. The Tao can perplex as it calms.

May we all be supple! *Michael*

SPIRITUAL EXPLORATION AT UUFM ...

Two classes continue in November:

DOING NOT DOING: DISCOVERING THE TAO continues on Tuesday evenings, at 6:30 pm, at the Fellowship. On November 1, 8, and 22 we meet, as usual, in the Main Sanctuary. On November 15, please enter through the office door off of the upper parking lot, into the Inez Alsop room.

DEEPENING YOUR UNDERSTANDING OF UNITARIAN UNIVERSALISM continues in the Main Sanctuary following Sunday morning services on November 6 and 13. The class focuses on the questions of new members, and those considering membership.

Learn more from Michael Nelson at 537-2349 or minister@uufm.net



RE STUDENTS AND REV MICHAEL NELSON DURING THE SUNDAY MORNING SERVICE ON DECEMBER 19, 2010.

MICHAEL NELSON'S SCHEDULE

In November, Michael Nelson will be available in the Fellowship office on:

Tuesday,	November 1 -	1:30 to 3:30 pm
Thursday,	November 3 -	2:30 to 4:30 pm
Tuesday,	November 8 -	4 to 6 pm
Thursday,	November 10 -	4 to 7 pm
Tuesday,	November 15 -	4 to 6 pm
Thursday,	November 17 -	4 to 7 pm
Tuesday,	November 22 -	3 to 5 pm
Tuesday,	November 29 -	3 to 5 pm
Wednesday,	November 30 -	12 to 2 pm

Michael will attend the UU Small Congregation Conference November 4 thru 6. During office hours, Michael may be contacted at the Fellowship at 537-2349. To arrange meetings, please call and leave a message or email minister@uufm.net

RELIGIOUS EDUCATION NEWS

REGARDING RE - CORY ZELLER, DRE, OCTOBER 27, 2011

In the month of October we were quite busy in the Religious Education program. The K-2nd and 3rd-6th graders finished their units on the seven Principles and presented what they learned to the Fellowship on October 30th, during the Day of the Dead service. The preschoolers learned more about our Fellowship and the importance of the chalice, showcasing their knowledge during the Day of the Dead service by lighting the chalice.



The infants and toddlers prepared for fall and the celebration of Halloween by talking about the seasons, picking leaves for art projects, playing detective and make-believe games, and decorating mini pumpkins. Everyone in the program had an awesome time at our Parents' Night Out Pajama Party on October 7th, our Family Fun Halloween Party on October 22nd, and Parading at Meadowlark Hills on October 31st. There were tricks and treats galore!

This month the K-2nd and 3rd-6th graders will devote their time and energy to social action projects. The 3rd-6th graders have decided to learn more about eating ethically. They will meet with local farmers and People's Grocery to learn how eating locally saves resources and ultimately helps our environment. Then they will choose and prepare local items for the Fellowship snacks on November 20th. Some of the 3rd-6th graders are also learning how to knit so they can knit warm items for those in need this winter. The K-2nd graders will dedicate themselves to working with animals. They will learn about wildlife nutritional needs and make feeders with Mark Mayfield, collect blankets and towels to give to the local animal shelter, and learn how assistance animals serve a valuable purpose in our society. Both groups will present their social action projects and outcomes to the Fellowship on Sunday, November 27th.

The preschoolers, infants, and toddlers will also spend November learning how to help others and contribute to their families and the Fellowship. As part of their *Chalice Children* curriculum, the preschoolers will brainstorm ways that adults help each other and ways that they can help, too. Then, on the 20th, they will work with the 3rd-6th graders to prepare snacks for the Fellowship. In the nursery, the infants and toddlers learn how they can contribute to their families by setting or clearing the table, picking up their toys, and listening to directions.

In November, we will have two social events: Parents' Night Out on Friday, November 4th; and a Thanksgiving Potluck on Saturday, November 19th. Both events will be at the Fellowship. I hope you can join us!

We all have so much for which to be thankful. Most importantly, we have each other. Let's spend the whole month, and not just Thanksgiving Day, celebrating the people in our lives and the ways we can contribute to our world to make it a better place. Happy Thanksgiving month everyone!

Cory

DIRECTOR OF RELIGIOUS EDUCATION'S SCHEDULE

In November, Cory will be available in the Fellowship office on **TUESDAYS** and **THURSDAYS** from **1 TO 5 PM**

During office hours, call Cory at 537-2349, or drop by the Fellowship building. Contact her anytime at dre@uufm.net

FAMILY EVENTS IN NOVEMBER

Bring the kids for **PARENTS' NIGHT OUT** on the first Friday of each month. On **NOVEMBER 4**, drop the kids off at the Fellowship at 6:30 pm, and pick them up at 9:30 pm. This time, please feed kids before bringing them to the Fellowship. We'll serve healthy, hearty snacks and dessert. Cost is \$5 per child. Hope to see you there! *We need parent volunteers who can chaperone Parents' Night Out one night this year.*

Learn more from Cory Zeller at 537-2349 or dre@uufm.net

Join us on Saturday, **NOVEMBER 19**, beginning at 5 pm, for a **THANKSGIVING POTLUCK** for the whole family. Guests are welcome. Let Cory Zeller know if your family will be attending, so we can plan our menu, and bring a thanksgiving dish to share.

Learn more about family and youth activities at the Fellowship from Director Religious Education Cory Zeller at 537-2349 dre@uufm.net

KEEP OUR KIDS SAFE!

Thank you everyone, for making sure all matches are secured following use, safely out of reach of small, curious fingers.

Kids, please tell an adult about any matches you find. Let's all stay safe!



ACTIVITIES AND EVENTS - *events listed on this page are open to all ...*

The **MEN'S LUNCH** group meets EVERY WEDNESDAY, at 12 noon, in the Jupiter room (large RE room). Bring a desire for spirited conversation and a sack lunch for yourself. Learn more from Jack Warren at 539-4073 or jomega@ksu.edu

The **WOMEN'S LUNCH** group meets Wednesday, NOVEMBER 9, at 11:30 am, at Applebee's restaurant, in Manhattan Town Center Mall. Join us for lively discussion of current events in local, national, and international news. All are invited. Learn more from Harriette Janke at 539-0865, 410-9379 (cell), or ahjanke@sbcglobal.net

The **UUFM DRUM CIRCLE** gathers on Friday, NOVEMBER 11, at 7 pm, around the Fellowship fire circle (inside in case of rain). UUFM members, friends, and the community, beginners and regulars, and those of all ages are welcome. Bring your own drumming instrument or borrow one. This date (11/11/11) will be acknowledged and celebrated as a community event in countries worldwide. We will tune in with the Dome of Light in South Africa that is part of a peaceful summit on Climate Change, acknowledging 11 as a number of peace. Our special guest will be David Yarrow, who is in Kansas giving presentations on sustainable living. Learn more from Pat Embers at 539-2819 or embers1@cox.net

UUFM's **PAGAN FRIENDSHIP CIRCLE** gathers on Saturday, NOVEMBER 12, at the Fellowship. Come be with us for the November Full Moon Ritual, as Morrigan Oran from the Manhattan Goddess Circle leads a full moon circle. We begin at 5 pm with a potluck meal. Old sage or newly curious, all are warmly welcome. Learn more from Deirdre Greeley at (580) 919-9834 or saffyr@gmail.com

On NOVEMBER 17, at 5:30 pm, immediately preceding Third Thursday Supper, Mark Moser leads a **TAI CHI**-based meditation session in the Main Sanctuary. Contact Mark at 537-5028 or mark@grapeviner.com

THIRD THURSDAY SUPPER gathers on NOVEMBER 17, at 6 pm, in the Inez Alsop room. We welcome food you bring to share, but it is not required. Just bring your smile, family, and friends and join us for good food and great company! Please tell Cory Zeller at 537-2349 or dre@uufm.net if your kids will attend, so that she can arrange organized children's activities. Learn more about Third Thursday from Susan Turner at 537-2349 or office@uufm.net

Following Third Thursday Supper on NOVEMBER 17, Fellowship member Diane Barker hosts **GOING TO THE MOVIES IS MORE THAN PICKING YOUR SEAT**. Films are selected based on respect, humor, an uplifting level of truth, and artistry. Learn more from Diane at 539-9163 or dogsbodyd@yahoo.com

The UUFM **BOOK DISCUSSION GROUP** gathers on Wednesday, NOVEMBER 30, at 7 pm, at the home of Judy and Dick Cattell. We'll discuss *Cutting for Stone*, by Abraham Verghese. Learn more from Barbara Bascom at 537-1132 or bbbascom@sbcglobal.net, or Lorrie Cross at 539-7883 or lmcross@kansas.net

UUFM HOLIDAY CRAFT AND BAKE SALE

Our annual Craft and Bake Sale will be held following the Sunday service on **DECEMBER 11**. Share your artistic and culinary talents whatever they may be. Baked goods have been extremely popular in recent years. Can't bake now? We'll have a silent auction for cookies or cakes to be made closer to Christmas. To find out how you can donate your crafts, baked goods, or other assistance, ask to Kathleen Oldfather at 537-3738 or kjoldfather@gmail.com



STONE SOUP POTLUCK

The UUFM Social Committee hosts our annual Stone Soup Potluck following the Sunday service, on **NOVEMBER 27**. Bring a vegetable or fruit dish, or bread, or dessert to share. Join us for good food and great company. Learn more, and learn how you can help from June Kempthorne at 564-0427 or junekempthorne@dishmail.net

UUFM SINGERS

The UUFM Singers rehearse Sunday, **NOVEMBER 13**, at 9 am, in the Main Sanctuary. Learn more about vocal music at the Fellowship from choral music director Michael Oldfather at 537-3738 or mou812@ksu.edu

UUFM STRING PLAYERS

Knitters, crotchetiers, weavers and others are invited to join us in creating mittens, hats, and other winter wear for members of our local community. The items will be distributed to local service providers and via the Mitten Tree at the Manhattan Public library. All skill levels are welcome and experienced crafters will be available to assist you. Young knitters are welcome. We meet on the second Wednesday of each month, at the Fellowship. This month, we gather on **NOVEMBER 9**, at 7 pm. Learn more from Betty Banner at 776-1887 or bettybanner@gmail.com

MEADOWLARK HILLS SERVICE

This month's UUFM Meadowlark Hills Service gathers on Wednesday, **NOVEMBER 30**, at 3 pm, in the Manhattan Room, in Meadowlark Hill's main building. Rev Michael Nelson explores *Food*. Whether eating is anticipated or a nuisance, we all need to eat to stay alive. Has there always been plenty in your life and the lives of others you have known? Learn more from Kathleen Oldfather at 537-3738 or kjoldfather@gmail.com

SOCIAL ACTION AT UUFM

VOLUNTEER OPPORTUNITIES

There are always openings for a few volunteers on our Sunday morning **COFFEE AND GREETING TEAMS**. New members and friends find this is a great way to get acquainted, and it's an easy way to give to the Fellowship with a minimal investment of time--only three Sundays each year. Learn more from Elke Lorenz at 539-3527 or ellorenz@uufm.net

This month, Fellowship volunteers will prepare and serve **HAPPY KITCHEN COMMUNITY BREAKFAST** on Friday, NOVEMBER 4 and 18, from 7:30 to 9 am, at St Paul's Episcopal Church. *Volunteers are needed to occasionally fill in.* Breakfast is free and open to the community, providing a good meal for many who might otherwise go without. Freewill donations are always welcome. Learn more from Ana Franklin at 341-9908 or yogaconnection@gmail.com

*Find more exciting, volunteer opportunities on the **HELP WANTED** bulletin board in the Fellowship's narthex.*

SOUPER BOWL SUNDAY FOOD DRIVE



The Social Action Committee seeks a volunteer or volunteers to coordinate our annual Souper Bowl Sunday food drive, held on the Sundays leading up to the Super

Bowl on February 5, 2012. Responsibilities include publicizing, setting up a designated collection basket or box at the Fellowship, and delivering the collected food to the Flint Hills Breadbasket. This is a great way to get involved, without the need for any long-term commitment. Learn more from Betty Banner, 776-1887 or bettybanner@gmail.com

HELPING HANDS SUNDAY

Each month on the second Sunday, our Social Action Committee selects a non-profit agency or organization to receive the morning offering. On Sunday, NOVEMBER 13, Helping Hands contributions will be collected for **SCORE**. The *Southern Cluster Outreach and Extension Ministry* is a Unitarian Universalist effort to expand progressive religion's reach across the state of Kansas and the western edge of Missouri. Learn more from Michael Nelson at 537-2349 or minister@uufm.net

On October 9, the Helping Hands collection for The Crisis Center raised \$665. Thank you all for your generous contributions providing shelter, counseling, and training for victims of domestic violence and rape in our community.

Learn more about monthly collections from our Helping Hands coordinator Betty Banner at 776-1887 or bettybanner@gmail.com

FAIR TRADE COFFEE AND CFL SALES

FAIR TRADE PRODUCTS are offered for purchase at the Fellowship following Sunday programs. Whole bean, ground, and decaf coffees, as well as chocolate, and tea are available. To learn more, or purchase Fair Trade products, ask Anne Cowan at 537-2025 or acowan@uufm.net, or talk to Anne on Sunday mornings.



COMPACT FLUORESCENT LIGHT BULBS (CFLs) are also offered on Sunday mornings, supporting the Fellowship's efforts to encourage environmentally conscious living. Purchase these efficient, energy-saving bulbs for yourself, or for families seeking help from Shepherd's Crossing.

LEARNING MORE ABOUT SOCIAL ACTION AT UUFM

The next meeting of the UUFM Social Action Committee will be on Wednesday, NOVEMBER 9, at 5:30 pm, in the Fellowship's Inez Alsop room. All members and friends interested in Social Justice issues are invited to attend and contribute. Contact Social Action Committee chair Stacey Broughman at socialaction@uufm.net or 410-9413 to learn more about Social Justice work at our Fellowship.

ALL ABOUT US

Please welcome two delightful new members, **DREW** and **AMBER VENNUM**. Drew and Amber met in college at Rice University in Texas. They were already UUs and searched for us on the Internet when they moved to Manhattan. They have since joined our fellowship.

Amber is originally from Wisconsin. She came to Manhattan to take a position as Assistant Professor in Marriage and Family Therapy at Kansas State University. She is very eager in her new role. She had an exciting event in her past. She was the National Champion in the 200 m breaststroke at the Master's Nationals.

Drew is from Texas. He has a background as a chemical engineer but is switching fields to social work and finishing his studies in Manhattan. He is about to start a consulting company dealing with systems efficiency and improvement. Amber credits him with being the social planner of the family. Drew loves to cook and is the family's chef. Amber adds, "He is a great husband!"

We are glad you found us, Drew and Amber!

LILY COLBURN was elected as a 6th grade class representative to the Bluemont School Student Council. Interestingly, she was elected to StuCo in both 4th and 5th grades too. She is the daughter of **SANDY NELSON** and Dave Colburn.

MICHAEL NELSON'S mom, Doris Nelson, has recently been ill. She is still regaining her stamina following a bout with pneumonia but is back playing cards and bingo, shopping for groceries, and going to the library. She has also been diagnosed with a form of leukemia that requires no treatment at this time.

Congratulations to members who celebrated some special birthdays in October:

JACK WARREN - 80

BARBARA HACKER - 80

GWEN GEISELMAN - 85

ERNIE WELTI - 90

"WHO'S THE UU?" CAN YOU ANSWER THESE QUESTIONS?

In October, we asked the following questions:

- ~ This person performed as a trapeze artist in the circus.
Gwen Geiselman
- ~ This couple met at a snowball fight in college.
Kim and Blake Belanger
- ~ This couple met as lifeguards in college.
Dave Lambert and Cybil Perkins
- ~ This person's son has argued cases in front of the Supreme Court. *Barbara Hacker's son, Jonathon*

November questions:

- ~ Stories from her Irish grandmother sparked a belief that leprechauns lived in the nearby redwood forests.
- ~ To support her husband and child, she joined the Air Force at 18 years old and loaded cargo planes.

See November answers on page 7.

UUFM MUSIC COMMITTEE HOSTS PERFORMANCE

Our Music Committee will sponsor a recital by an outstanding young pianist. Slawomir Dobrzanski's student, Barry Chi Zhang, performs works by J S Bach, Maria Szymanowska, Joseph Haydn, Franz Schubert, Fryderyk Chopin, and Claude Debussy. A student at Lee School, in Manhattan, Barry won First Prize at this summer's Mid-America Music Association Competition. The concert begins at 7 pm, on Tuesday, **NOVEMBER 15**, in the Fellowship's Main Sanctuary. Learn more from Music Committee Chair, Michael Oldfather at 537-3738 or mou812@ksu.edu

KOINONIA PECANS

Koinonia is a cooperative Christian farm community founded in 1942. The birthplace of Habitat for Humanity, Fuller Center for Housing, and other ministries, Koinonia's mission is to offer opportunities to work for spiritual renewal and social justice by participation in projects fostering peace and reconciliation throughout the world.

Each year, as Koinonia Farm's pecan harvest comes in, Fellowship member Enell Foerster takes orders for those who wish to support the community. This year, the following items are available:

- 1) Shelled pecan pieces, 1 lb \$10.86
- 2) Milk or Dark Chocolate Pecan Bark, 8 oz \$ 7.55
- 3) *Fair Trade* Dark Chocolate Pecan Bark, 4 oz \$ 7.55
- 4) Peanut Brittle, 12 oz \$10.80
- 5) Pecan Brittle, 8 oz \$ 8.65
- 6) Date Nut Bread, 1 lb 5 oz \$ 7.05
- 7) Honey Nut Peach Cake, 1 lb 5 oz \$15.15

Prices shown include tax, shipping is extra. Contact Enell at 537-0977 or foerbande@gmail.com to place your order.

Deadline is November 10.

\$HOP \$SMART GROCERY CERTIFICATES

UUFM is selling grocery certificates as a fund-raising activity, after Sunday services. The certificates spend just like cash and never expire. We have values of \$10 and \$25 for Dillons, Ray's Apple Market and Hy-Vee certificates are available by special order. The certificates are purchased from the Fellowship at face value, and the UUFM earns 4% of all certificates purchased! The beauty of the project is that it costs purchasers no more than they would normally spend on food, prescriptions, etc., but UUFM benefits with every purchase! Buy the certificates in the narthex after the Sunday service. Learn more from Sandy Nelson at 341-0135 or sandralounelson@yahoo.com, or Betty Banner at 776-1887 or bettybanner@gmail.com

WORDS FROM OUR CHAIR - ANNE COWAN, OCTOBER 11, 2011

I am almost six months into my term as Chair of UUFM and have to admit that this has been a learning experience. I have never led a group that expects so much of their leader.

The Board expects well-run meetings with results. Committees have come to me with their questions and concerns coming from their own growth and expectations.

I am learning to use the Covenant of Right Relations and our conflict resolution process. These are wonderful documents that our members created a few years ago. Everyone should take a look at the Covenant, which is hanging in the Alsop room. We are working to get all this information on the new UUFM website.

It is exciting to see so many new members and visitors. We old folks are enjoying being a welcoming place and working hard to learn new names. I struggle with my personal goal of learning every child's name. It will never happen but I am working on it. For us adults--I believe in nametags. Remember that our newer members have more new names to learn than the older members.

Many committees have new members. This is an opportunity for us to welcome new ideas and maybe stretch us old folks who have been doing things our way for years.

I want to impress on everyone with how important it is to be a committee chair and the responsibility involved. Although the committees have the full backing and resources of the UUFM Board, the committees are responsible for fulfilling their mission.

Every committee chair should make sure the members are aware of the mission, that there are planned meetings with agendas, that everyone is included in discussion and in a democratic decision making process, and that committees are not dominated by a single person. Including new members and new ideas are essential for growth of our Fellowship. Not being open to new ways of doing things or new activities is a sure way to lose members--also a sure way for committees to be stagnant and the meetings being boring. Thank you to all committee chairs who have taken on this important task.

Committee members must be aware that the committee chairs are responsible for seeing that decided activities are carried out but can do so only if everyone does their part. I have found that having minutes of meetings

helps clarify decisions and leads to ease in moving forward at the next meeting.

I am open to discussion about any of the above. I am also very appreciative of all the assistance I have had while being Chair.

Anne Cowan

UUFM Executive Board Chair

Share your questions, comments, and suggestions with Anne at 537-2025 or acowan@uufm.net



UUFM EXECUTIVE BOARD CHAIR ANNE COWAN, FACING CAMERA, AT THE 2011 LITTLE APPLE PRIDE PARADE.

SUSTAINABLE FOODS POTLUCK

Following the Sunday service on November 13, UUFM hosts a Sustainable Foods Potluck in the Inez Alsop room. Our guest, David Yarrow, who will present the program that morning with Rev Michael Nelson suggests the following contributions: basic organic, cooked, uncooked, whole or ground grains, nuts, and seeds, fresh vegetables & fruits, local or regional-grown if possible, minimal processing, nutrient-dense, from simple foods to original creations, light meats and desserts. No salt in foods is requested; salt-shakers will be provided. Simple, sustainable, foods and recipes may be found on the Internet.

Volunteers are needed to help set up tables beginning at 9 am; to receive and set out potluck dishes brought in before the service; and to help with set up and clean up. We will take turns so that none of us miss the events that morning. When everyone has filled their plate and seated themselves, David will give a short talk on *Eating Our Way to a Sustainable Future, with Nutrient-Dense, Carbon-Negative Food*. We will provide an alternate eating space for children during the talk. Learn more from Pat Embers at 539-2829 or embers1@cox.net

WHO'S THE UU? *Answers to questions on page 6 ...*

- ~ Her Irish grandmother sparked a belief that leprechauns lived in the nearby forests. *Cathy Hedge*
- ~ She joined the Air Force at 18 years old and loaded cargo planes. *Stacey Broughman*



COFFEE AND GREETING TEAMS

Nov 6: June and Charley Kempthorne, Anne Cowan, Jack Warren, and Amy Hilgendorf

Nov 13: Colina and Stew Stanton, and Mike and Laura Bonella

Nov 20: Yvonne Lacy, Marolyn Caldwell, Steve Mull, and Doug Walter

Nov 27: **STONE SOUP POTLUCK**
Social Committee

Coffee and greeting teams consist of one leader/coordinator, and three or four helpers to provide Sunday morning greeting and refreshments. Teams sign up for only three Sundays each year.

This is a great way to give to the Fellowship with a minimum investment of time. Learn more from Elke Lorenz at 539-3527 or ellorenz@uufm.net

THANKS to everyone who has already volunteered for one of our teams! Coffee and greeting teams are vital to the welcoming atmosphere of Fellowship life, helping visitors get acquainted, and providing a comfortable setting for after-service conversation.

Administrator's Schedule

In November, Susan Turner will be available in the Fellowship office on:

Tuesday,	Nov 1 - 12 to 5 pm
Thursday,	Nov 3 - 12 to 5 pm
Tuesday,	Nov 8 - 12 to 5 pm
Wednesday,	Nov 9 - 3 to 5 pm
Thursday,	Nov 10 - 4 to 7 pm
Monday,	Nov 14 - 3 to 5 pm
Tuesday,	Nov 15 - 12 to 5 pm
Thursday,	Nov 17 - 4 to 9 pm
Saturday,	Nov 26 - 11 am to 6 pm
Monday,	Nov 28 - 3 to 5 pm
Tuesday,	Nov 29 - 12 to 5 pm

Call Susan at 537-2349 during office hours, or drop by the office. She may be reached at any time by email at office@uufm.net

HELPFUL INFORMATION FOR MEMBERS AND FRIENDS

Contact Fellowship administrator Susan Turner at 539-3272 or office@uufm.net to **UPDATE YOUR MAILING, PHONE, or EMAIL** information, or to **CANCEL YOUR SUBSCRIPTION** to this newsletter. Members and friends may also reach Susan during her posted office hours (*seen at bottom left*) at 537-2349.

If you have been considering **BECOMING A MEMBER** of UUFM, please ask our Welcoming and Membership Committee chair Shirley Hobrock at 776-3175 or welcome@uufm.net, or Rev Michael Nelson at 537-2349 or minister@uufm.net, for information and assistance.

Fellowship members may receive **UU WORLD MAGAZINE**, without cost. *UU World* is available on audiotape for those with visual or reading difficulties. Subscribe by contacting Susan Turner at 537-2349 or office@uufm.net. Read *UU World* online at www.uuworld.org

Join in discussions of interest, receive information on community events, and last minute updates and announcements on our UUFM **EMAIL LIST**. Contact list moderator Ruth Welti at welti@ksu.edu to subscribe.

This fall, consider signing up for **ELECTRONIC GIVING**. UUFM relies on the financial support of our congregation and electronic contributions offer a simple and easy way to give on a recurring basis. For details, contact Fellowship bookkeeper Sandy Nelson at 341-0135 or RE@uufm.net, or pick up literature and a form from the information carousel in the Inez Alsop room at the Fellowship. *Thank you!*

SUNDAY ANNOUNCEMENTS

Please contact fellowship administrator Susan Turner at 537-2349 or office@uufm.net, **NO LATER THAN WEDNESDAY EVENING** with announcements and information for inclusion in the Sunday morning Order of Service bulletin. Check the bulletin each week for important announcements of upcoming activities and events.

CARING FOR MEMBERS AND FRIENDS

If you could use a hand, or if you know members or friends who are experiencing life challenges and would appreciate assistance, please let our Caring Committee know. Contact Caring Committee chair Kathleen Oldfather at 537-3738 or caring@uufm.net, or let us know at 537-2349 or office@uufm.net

BUILDING USE AND SCHEDULING

Please check with Susan Turner to be sure your desired date is available before finalizing plans for any use of the Fellowship building, including **COMMITTEE MEETINGS**, Fellowship activities, or private events that will be held in the Fellowship building. To confirm building availability and schedule your activity, or for more information, contact Sue at 537-2349 or office@uufm.net

DECEMBER NEWSLETTER DEADLINE

The deadline for submissions to the December edition of *The UUFM Voice* is Tuesday, **NOVEMBER 15**. *Committee chairs and activity coordinators, please let Sue know about volunteer openings* in your group, for inclusion in announcements! Contact Susan Turner at 539-3272 or office@uufm.net