

THE UNITARIAN UNIVERSALIST FELLOWSHIP  
OF MANHATTAN, KANSAS  
Sunday, January 1, 2023

GATHERING SONG *Lucky Day* by 11 Acorn Lane

WELCOMING WORDS

ACKNOWLEDGEMENT

NAMING OUR LONGINGS  
*Stepping Out* by Samuel Miller

LIGHTING OF THE CHALICE<sup>1</sup>

HYMN #1018 *Come and Go With Me*

VALUES AND GOALS<sup>2</sup>  
*The Meaning* by Fruition

TIME FOR ALL AGES  
*The Me I Choose to Be* by Natasha Anastasia Tarpley  
Art by Regis and Kahran Bethencourt

CORE QUALITIES

OFFERTORY *Spiral Dance*  
by David Lanz, Renea Brown, piano

JOYS AND SORROWS

AUDACIOUS GOAL AND STRATEGY  
*This Will Be Our Year* by the Zombies  
*Good Day for a Good Day* by Michael Franti and Spearhead

CLOSING WORDS

DANCE PARTY AND LABYRINTH DISASSEMBLY

## JANUARY HELPING HANDS



There is a basket in the back of the sanctuary to receive your gifts for the **PROJECT EXCELL AT UFM**, <https://tryufm.org/project-excell/>. You can also donate online at <http://uufm.net/donate> or scan the QR code.

Given the high transmission of flu and other respiratory viruses and moderate transmission of COVID, we recommend getting flu and COVID vaccines; handwashing; masking, especially in the Sanctuary, especially when singing; and staying home if you're sick.

### Manhattan, KS metro

Updated on December 27



## Circle Round for Ice Cream at Meadowlark

Prairie Star Restaurant  
Saturday January 7, 2-4pm



<sup>1</sup> Folks at home will be playing with [mandalagaba.com](http://mandalagaba.com)

<sup>2</sup> We will reference [discoveryourvalues.com](http://discoveryourvalues.com)

Inside this sleeve, you'll find a special, small, tube of paper.  
We'll be using it for a

## *Burning and Claiming Ritual*

During the service, you'll be prompted to write

- a list of things you like or want more of in your life, and
- a list of things you don't like or want, or you want less of.

During the Chalice Lighting, we'll invite you to identify one thing on your "don't like/want" list and write it on the special tube of paper (with markers only). When you're ready, any time during the service, you can walk the labyrinth to the center and burn the tube of paper. There, you can pick up a token to represent something on your "like/want" list that you are claiming for the coming days.